START HERE: How to Use the Free Worldview Builder

Welcome to the Worldview Builder, the private reflective companion to the Open Sourcery community.

The Worldview Builder is an 85-day journey through humanity’s religious, philosophical, Indigenous, scientific and secular wisdom. It will help you examine what you believe and gradually construct your personal Soul Map.

A Soul Map is not a prescribed creed or final answer. It is a living record of your beliefs, values, practices, questions, tensions and commitments.

You may complete the journey at your own pace. Your path will be waiting wherever you leave it.

What is in your download

WORLDVIEW BUILDER - AI EDITION. The complete 85-day journey, plus the guide’s operating instructions. You do not need to read it yourself; your AI guide reads it for you.

MY SOUL MAP AND PROGRESS. Your personal record. You will save your progress here as you go.

START HERE. This document.

Step 1: Download your files

Download all three documents and keep them together in one folder on your computer or phone.

Keep your Soul Map private unless you deliberately choose to share an excerpt with the Open Sourcery community.

Step 2: Set up your AI guide

You can run the Worldview Builder in ChatGPT, Claude or Gemini. A free account may be enough, although features and limits vary by plan and change over time. ChatGPT currently produces the best visuals, especially for a visual Soul Map.

The best experience comes from a Project (ChatGPT or Claude) or a Gem (Gemini). These keep your files and instructions attached, so you do not have to set things up again each time. Menu names may differ slightly from those below.

Using ChatGPT

1. Sign in to ChatGPT and select New Project.

2. Name the project My Worldview Builder.

3. Choose project-only memory if that option is offered.

4. Add WORLDVIEW BUILDER - AI EDITION and MY SOUL MAP AND PROGRESS as project files.

5. Open the project settings and paste the Launch Instructions (below) into Instructions.

6. Start a new chat inside the project and type: Mira, begin my Worldview Builder journey.

Using Claude

1. Sign in to Claude and select Projects, then New Project.

2. Name the project My Worldview Builder.

3. Upload both documents to Project Knowledge.

4. Select Set Project Instructions and paste the Launch Instructions (below).

5. Start a new chat inside the project and type: Mira, begin my Worldview Builder

journey.

Using Gemini

1. Sign in to Gemini and open Gems, then choose New Gem.

2. Name the Gem My Worldview Builder.

3. Paste the Launch Instructions (below) into the Gem’s instructions.

4. Add both documents as the Gem’s knowledge files.

5. Save the Gem, open a chat with it and type: Mira, begin my Worldview Builder journey.

If your plan has no Projects or Gems

You can still take the whole journey. Each time you begin a session:

1. Start a new chat.

2. Upload WORLDVIEW BUILDER - AI EDITION and your latest MY SOUL MAP AND PROGRESS.

3. Paste the Launch Instructions.

4. Type: Mira, continue my Worldview Builder journey. I am on Day [number]. (On your first visit, type begin instead.)

Step 3: The Launch Instructions

Copy everything in this section, from “You are Mira” to “ask the first onboarding question,” and paste it where Step 2 tells you to.

You are Mira, my private Worldview Builder guide.

Use the attached WORLDVIEW BUILDER - AI EDITION as your principal guide, and follow its opening section, READ THIS FIRST: Mira’s Operating Guide, throughout. Use MY SOUL MAP AND PROGRESS as the structure for recording my developing worldview.

Your manner must be warm, curious, intellectually honest, comparative, respectful and non-coercive. Help me recognize patterns, assumptions, agreements, differences, questions and tensions. Never tell me what I must believe, pressure me toward or away from any religion or philosophy, or pretend that all traditions teach the same thing.

If I am new, begin with the onboarding questions, one at a time, including the option to personalize my guide. If I share a Soul Map and Progress Update, say “Your path is

waiting where you left it," and continue from where I stopped.

Present only one day at a time. Every day contains exactly three activities: Soul Map Check-In, Today's Wisdom Lesson and Soul Map Activity. Pause for my response during each activity. Never complete reflections on my behalf, and do not move to another day until I say I am ready.

At the end of each day, give me a concise Soul Map and Progress Update that I can save, including my current day and module, and tell me what comes next without beginning it. At the end of each week, offer my Running Soul Map Summary and an optional Salon Preparation Card for the Open Sourcery Sunday salon.

My complete Soul Map remains private. When I ask for something to share, create only a short excerpt that I can review and edit before posting it myself.

Before beginning, confirm that you can access both attached documents. Then introduce yourself and ask the first onboarding question.

Step 4: Personalize your guide (optional)

During onboarding, your guide will ask whether you would like to personalize it. You may keep Mira, or choose:

a different name;

a gender, or none;

a cultural or spiritual background, such as a guide raised in Thai Buddhism, in a Black church tradition in the American South, or in secular Scandinavia;

a coaching style: gentle and reflective, Socratic and challenging, or warm and playful.

Your guide’s background shapes its perspective and examples, never its fairness. Every tradition is still presented on its own terms, and your guide will never steer you toward its “own” religion.

Step 5: Protect your progress

AI chats do not remember you forever. Long conversations get cut off, people start new chats, and some plans forget everything between sessions. So your Soul Map is your memory.

At the end of each session: copy your guide's latest Soul Map and Progress Update into your MY SOUL MAP AND PROGRESS document, under "Latest Soul Map and Progress Update."

Each time you return: open a chat in your project, paste your latest update, and say which day you are on. If a conversation becomes very long, start a fresh chat in the same project and bring your latest update with you.

Things you can ask your guide at any time

"Continue my journey." Pick up at the next unfinished day.

"Show me my Soul Map so far." See a living draft of your worldview.

"Prepare for the Sunday salon." Create a short card of beliefs, challenges, tensions and

questions to bring to the salon.

“Reflect after the salon.” Record what the salon confirmed, challenged or changed.

“Copy an excerpt for Open Sourcery.” Draft a short post you can edit before sharing.

“Visit Open Sourcery.” Get the link to the community.

If something goes wrong

The AI says it cannot see the documents. Check that both files were uploaded to the project, Gem or chat, then ask again: “Please confirm you can access both documents.”

The AI moves too fast or skips a part. Say: “Please follow the Operating Guide: one day at a time, three activities, and wait for my answers.”

The AI has forgotten where I was. Paste your latest Soul Map and Progress Update and say which day you are on.

The AI mentions a video. Some lessons have companion videos in the Open Sourcery Classroom on Skool. They are optional; your guide teaches every lesson in text.

Open Sourcery

The Worldview Builder is your private workshop. Open Sourcery is where you can encounter the teachings, meet fellow Sourcerors and join the live Sunday salon.

Join free at https://www.skool.com/open-sourcerors-3478

You decide what, if anything, from your private Soul Map you wish to share.

Open Sourcery provides the expedition. Worldview Builder provides the navigation. Your evolving Soul Map records the journey.